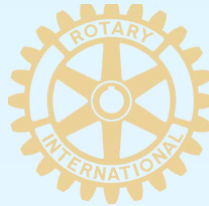


Rotary



CATHEDRAL TO CASTLE

10 MILE MULTI-TERRAIN RUN
LICHFIELD TO TAMWORTH



Organised by the Rotary Clubs of Lichfield and Tamworth

2023 EVENT GUIDE



Proudly sponsored by





CATHEDRAL TO CASTLE

10 MILE MULTI-TERRAIN RUN
LICHFIELD TO TAMWORTH



Sunday 16th April 2023

Welcome to the 2023 Rotary Cathedral to Castle Run – the C2C Run! It's an approximately 10-mile point-to-point run linking Lichfield Cathedral to Tamworth Castle across multi-terrain providing an attractive and interesting route.

The route is similar to last year with just a change in the section through Whittington caused by the HS2 works. We have kept the staggered start at popular request. Runners are free to choose when they start during the staggered period (there is a mass start at 8.30am and the end of the staggered start period is 8.45am).

This Event Guide contains information such as how to get your official times and photographs. There is also information in the FAQ section of the website www.c2crun.co.uk. There's also information about our wonderful sponsors. We are extremely grateful for their fabulous support of this event.

Many thanks to all runners, volunteers and sponsors for supporting the event. Your participation and help is very much appreciated.

Take care on the route, enjoy your day and have fun!

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SJP Approved 27/02/2023 SJP11489e B1 (03/22)



C2C 2022: Female Category	C2C 2022: Male Category
1st: Kelly Knight, South Derbyshire Road Runners (01:07:00)	1st: Tom Chell, City of Stoke AC (56:16)
2nd: Helen Banton (01:08:25)	2nd: Gordon A Smith, Tamworth AC (58:08)
3rd: Laura Palmer (01:10:02)	3rd: Lee Harris, Aldridge Running Club (59:13)





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Mile markers are positioned along the route at every mile showing the distance completed to that point.

Thank you Aqua Pura & Lichfield Festival for providing the water

Water Stations at:

- 1) 3 miles - Darnford Lane (*half-way between golf club & Whittington village*)
- 2) 6 miles - near Hopwas School
- 3) 9 miles - Wiggington Park
- 4) Finish - Tamworth Castle Grounds



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Alpha Sports - Running



saucony

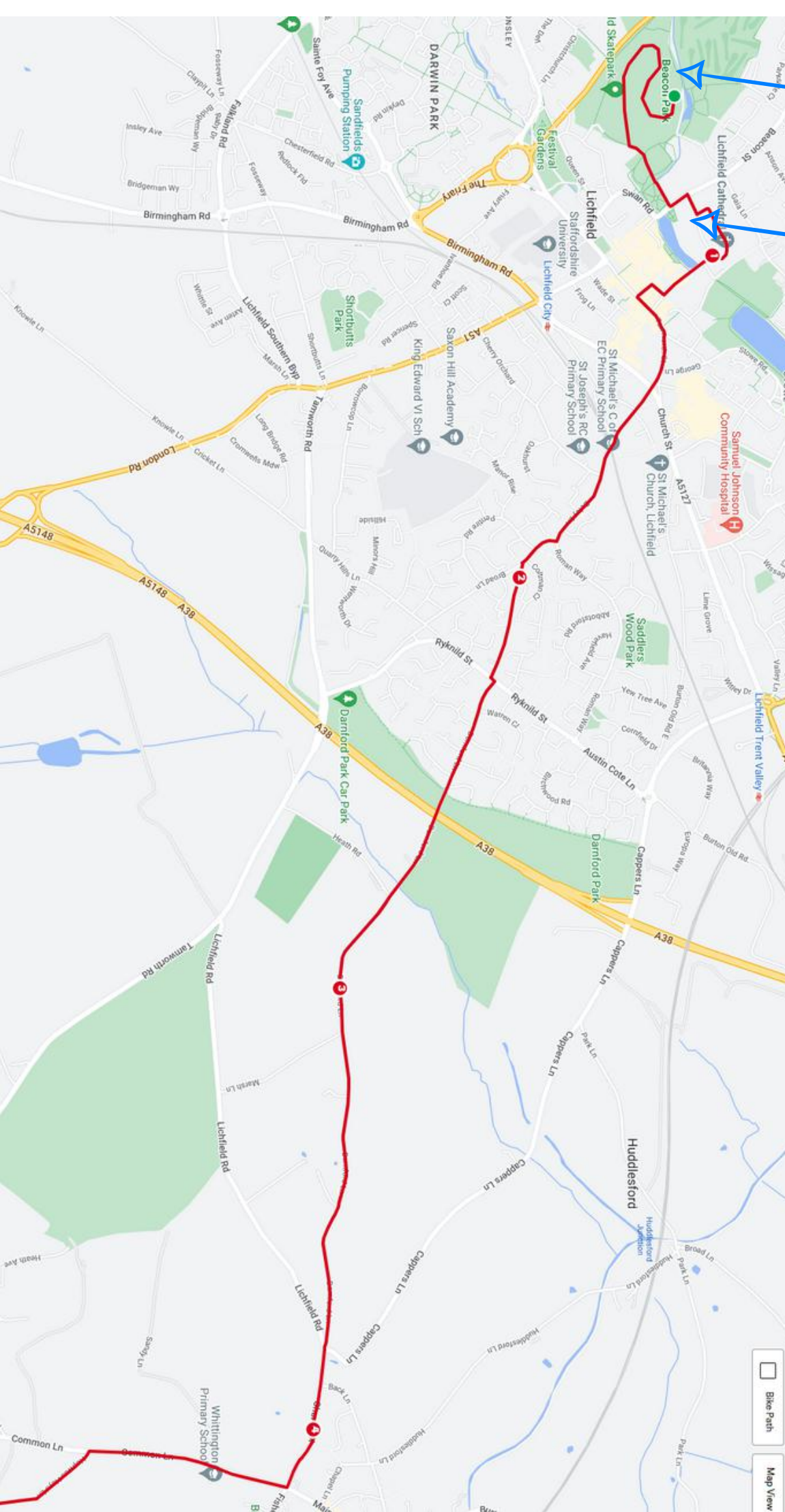
RIDE 16



A ride so plush you
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**Thanks to Alpha Sports in Lichfield and
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for fastest male and fastest female**

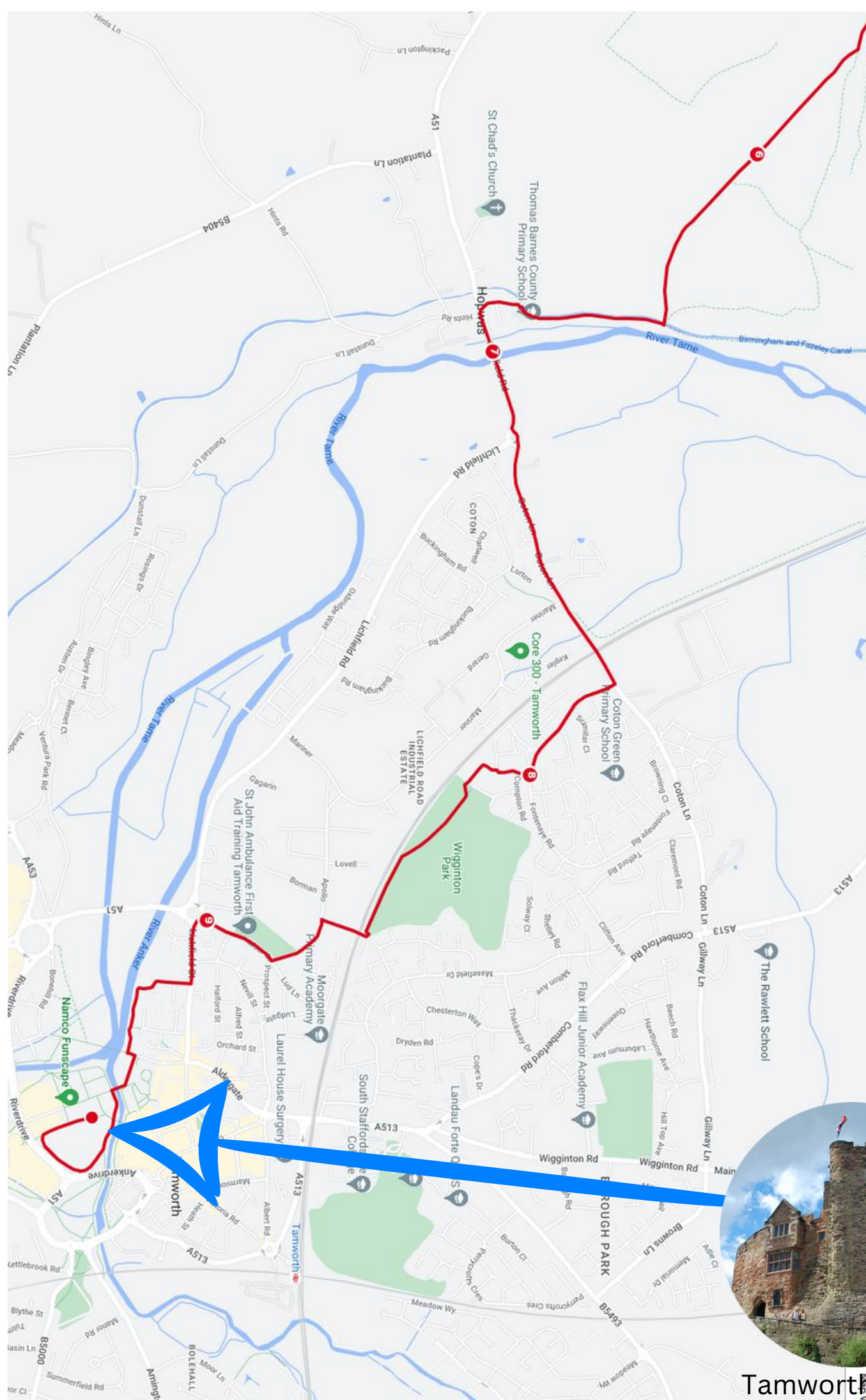


Start in Beacon Park



Lichfield Cathedral

2023 Route Map



Tamworth Castle



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Rotary



CATHEDRAL TO CASTLE

10 MILE MULTI-TERRAIN RUN
LICHFIELD TO TAMWORTH



SCAN ME

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free of charge at Mick Hall
Photos**



ORGANISED BY
Rotary



Cathedral to Castle Photos



Your Race Day Photos

Thanks to the Cathedral to Castle race and the Rotary clubs of Lichfield and Tamworth we are again offering free downloads for this event , prints etc can also be purchased at cost via the website.

This is a free download service .To search for your photo please use your race name or number on bib.

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Any problems email mickhallphotos@me.com



Rotary, the organisers of C2C, wish to extend a big thank you to all the runners for your fantastic support. We appreciate your positivity and enthusiasm. Your participation helps to make a difference in the community.





"We are delighted to support this fantastic event and sponsor the Cathedral to Castle Run again this year. We wish all of the runners the best of luck and hope everyone enjoys the day!" – Bill Friel



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Some of the worthy causes you have helped Rotary support by participating in the C2C Run:

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Kids Out
Lichfield Police Cadets
Local Sea Cadets
Midlands Air Ambulance
Macmillan Nurses
Pathway Project
St Giles Hospice
Stan Bowley Trust
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We have some great prizes:

1st male & 1st female (fastest times): voucher for a pair of running shoes generously donated by Alpha Sports in Lichfield & Saucony.

2nd male & 2nd female: Family tickets for Drayton Manor.

3rd male & 3rd female: Family tickets for Tamworth Castle.

1st team (fastest aggregate time of 4 runners in a team): TBD

Plus all of the above to receive a £60 voucher from Jet 2 Holidays.

On top of that, Rotarian Graham from Tamworth, has hand-crafted some trophies especially for you (see below).

Spot prizes: a £70 voucher from GoApe Cannock, two £10 vouchers from Delhi Divan, a hat and water cooler bottle from The Barcelo' Corralejo Sands Hotel in Fuerteventura and some £60 vouchers from Jet 2 Holidays.

Many thanks to all the sponsors who have kindly donated prizes.



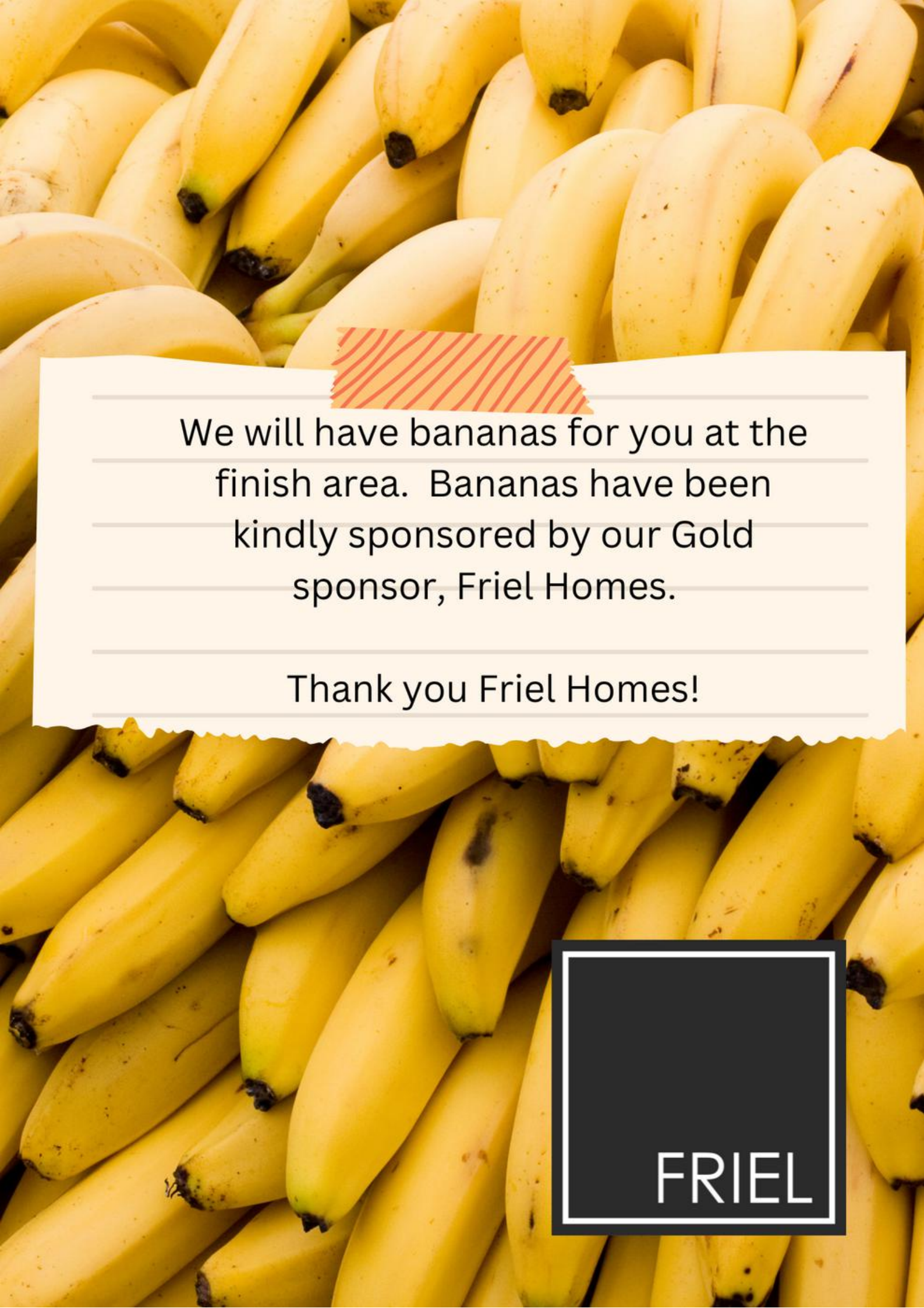
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We will have bananas for you at the finish area. Bananas have been kindly sponsored by our Gold sponsor, Friel Homes.

Thank you Friel Homes!



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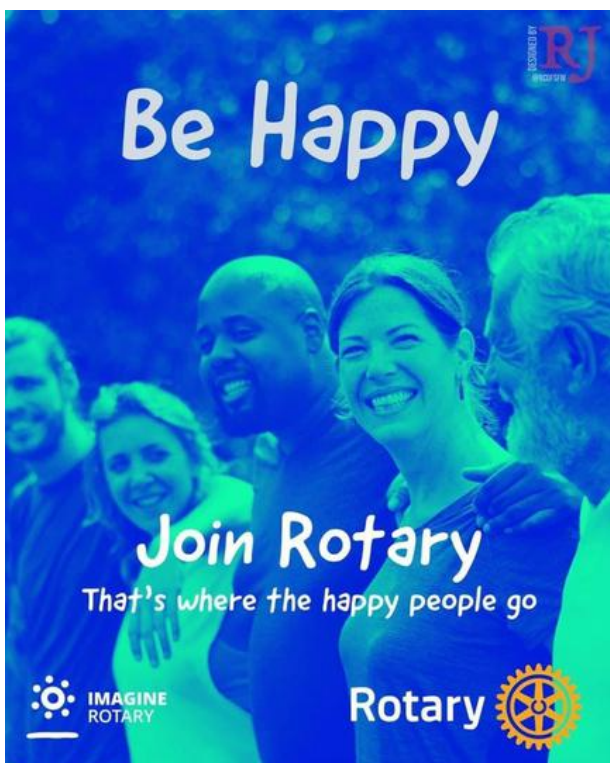
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DID YOU KNOW THAT ROTARY CATHEDRAL TO CASTLE RUN IS ORGANISED BY VOLUNTEERS?

The Cathedral to Castle Run has been organised by the four Rotary Clubs of Lichfield and Tamworth, and is just one of a variety of community projects and events organised each year by Rotary.



Rotary is a worldwide organisation that works locally – anyone with passion and enthusiasm who wants to put something back into their community is welcome to become a part of what we do.

Tamworth Castle



Thank you to Tamworth Castle and Drayton Manor for ticket prizes





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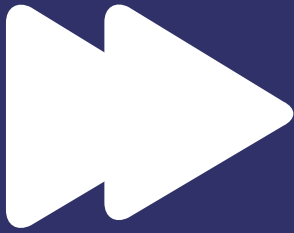


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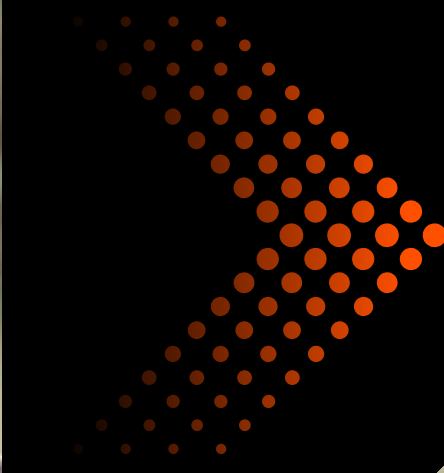
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